

ELDERCARE MEDIATOR QUESTIONNAIRE

A. BASIC INFORMATION:

LOCATION(S):

**"I WILL MEDIATE IN THE FOLLOWING LOCATION(S)":
LIST AT LEAST ONE STATE, AND UP TO 2 ADDITIONAL STATES OR
METROPOLITAN AREAS OUTSIDE OF THE FIRST STATE LISTED.**

California, focus on San Francisco Bay Area

YOUR NAME: Katharina W. Dress

BUSINESS NAME: Aging in Harmony

ADDRESS: 1407 Ward Street
Berkeley, CA 94702

PHONES: 510-356-7830

FAX: 510-845-1908

EMAIL: katharina@aginginharmony.com
www.aginginharmony.com

LANGUAGES SPOKEN FLUENTLY:

English, German

FEES PER HOUR & OTHER FEES (EG. TRAVEL):

\$ 360 - \$ 120 (sliding scale)

DO YOU HAVE MEDIATOR MALPRACTICE INSURANCE? No

B. BACKGROUND:

OVERVIEW OF BACKGROUND

(PRIMARY PROFESSION, ETC. MAXIMUM 50 WORDS):

Ms. Dress serves as a mediator on the Civil Court Mediation Panel of the Superior Court of Alameda County. Over the past 6 years, she has supported SEEDS Community Resolution Center (Alameda County) as community and civil harassment mediator, as well as Conflict Resolution Programs (Contra Costa County) as community, Elder, and court-based guardianship mediator. During 25 years as a facilitator, Ms. Dress has guided large community-based organizations through highly emotional meetings and supported families facing challenging decisions associated with the aging process Audio link - here's a recording of an hour-long radio interview on Elder Mediation:

<http://www.seniorcareauthority.com/radio-show/katharina-dress-aging-in-harmony/>

GENERAL MEDIATION EXPERIENCE (MAX 30 WORDS):

"AGING IN HARMONY offers Elder mediation, facilitation, conflict coaching and training services. I have an MA in Communications and 200+ hrs. mediation training, incl. Elder Mediation and Nonviolent Communication. I serve on the Civil Court Mediation Panel of the Superior Court of Alameda County and have led approx. 50 mediations, incl. Elder, Community, Guardianship and Civil Harassment disputes. "

NUMBER OF MEDIATED DISPUTES (ANY KIND--MINIMUM 5 TO BE LISTED):

50+ -

NUMBER OF MEDIATED DISPUTES INVOLVING HIGH-CONFLICT FAMILY MEDIATION:

25+

ELDERCARE MEDIATION EXPERIENCE: NUMBER OF EM DISPUTES MEDIATED:

More than 10+

NUMBER OF YEARS YOU HAVE MEDIATED: 7 years

GERIATRIC EXPERIENCE (MAX 30 WORDS):

7 years of mediation experience, 5 years with focus on Elder Mediation.

I have been an active member of the American Society on Aging for 7 years and have both taken and given numerous seminars, presentations and workshops on aging and conflict-related subjects at conferences and other educational events during that time.

**OTHER
(EG. PERSONAL EXPERIENCE WITH FAMILY DECISIONMAKING REGARDING PARENTS, ETC. MAX 30 WORDS):**

Painful family dynamics both at the end of my mothers and my mother-in-law's life motivated me to become an Elder Mediator.

C.

EDUCATION, ASSOCIATIONS, AND LICENSES/MEDIATOR REGISTRIES:

EDUCATIONAL DEGREE(S), MAJOR(S), & INSTITUTION(S):

MA in Communication, San Francisco State University, California

Undergraduate studies in Law, Communication and Political Science at the Free University of Berlin, Germany

**PROFESSIONAL ASSOCIATIONS: MEDIATION
(IF ASSOCIATION FOR CONFLICT RESOLUTION (ACR), INCLUDE WHETHER
PRACTITIONER MEMBER), GERIATRIC, THERAPIST, LEGAL, ETC. (MAX 30
WORDS):**

I am a Member of the Association of Conflict Resolution (ACR) and serve as Finance Chair of ACR's Elder Mediation Section.

**MEDIATOR REGISTRIES/CERTIFICATION/LICENSES
(NOTE IF YOU RECEIVED ANY DISCIPLINARY ACTIONS) (MAX 30 WORDS):**

**D.
TYPES OF ELDERCARE MEDIATION DISPUTES THAT YOU WILL MEDIATE:**

CHECK ALL THAT APPLY & CHECK TYPES OF EM DISPUTES THAT YOU HAVE ALREADY MEDIATED:	
WILL	HAVE
Quality of Life	Quality of Life
Housing	Housing
Car Keys, Driving & Transportation (limitations on driving, testing, transportation to medical appointments, friends, social events & church)	Car Keys, Driving & Transportation (limitations on driving, testing, transportation to medical appointments, friends, social events & church)
Caregiving (division of duties, relief for caregivers, level of care needed, planning vacations for parents & caregivers)	Caregiving (division of duties, relief for caregivers, level of care needed, planning vacations for parents & caregivers)
Financial Decisions	Financial Decisions
Working through Family Fights (improving sibling relationships, learning communication skills, & working as a team)	Working through Family Fights (improving sibling relationships, learning communication skills, & working as a team)
Wills, Trusts, Estates	Wills, Trusts, Estates
Division or Sale of Farms,	

Businesses, Property	Businesses, Property
Powers of Attorney, Avoiding Guardianship	Powers of Attorney, Avoiding Guardianship
Health Care Decisions	Health Care Decisions
Emergency Decisions	Emergency Decisions
Planning Ahead for End of Life Decisions (funeral planning & Advanced Directives (Living Wills/Life Prolongation, organ donation preference, appointment of health care representatives)	Planning Ahead for End of Life Decisions (funeral planning & Advanced Directives (Living Wills/Life Prolongation, organ donation preference, appointment of health care representatives)
Resident Injury; level of care, Wrongful Death	Resident Injury; level of care, Wrongful Death
Other (List):	
WILL_MEDIATED_OTHER: Mediate.com	
HAVE_MEDIATED_OTHER:	

E. MEDIATION TRAINING:

**TRAINING IN BASIC MEDIATION
(MINIMUM 40 HOURS OF GENERAL MEDIATION TRAINING):
NOTE TYPE (FAMILY, CIVIL, COMMUNITY MEDIATION OR OTHER, TITLE(S),
TOTAL NUMBER OF HOURS, TRAINERS)
(MAX 30 WORDS):**

Mediation for Conflict Management (Community and Workplace), Dr. Marvin Schwartz (2005)

NVC Mediation Immersion Program, Ike Lasater and John Kinyon (116 hrs., 2009-2010)

**TRAINING RECEIVED IN ELDERCARE MEDIATION:
NOTE TITLES, TOTAL NUMBER OF HOURS & TRAINERS (MAX 30 WORDS):**

TRAINING IN DOMESTIC VIOLENCE: NOTE TITLE(S), TOTAL NUMBER OF HOURS & TRAINERS (MAX 30 WORDS):

**SUMMARY OF OTHER ADVANCED MEDIATION TRAINING:
NOTE TITLE(S), TOTAL NUMBER OF HOURS & TRAINERS (MAX 30 WORDS):**

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**WERE YOU A TRAINER FOR ANY NOTED ABOVE?
IF SO, LIST HOURS:**

Yes

**F.
MODELS AND PROCEDURES USED AS A MEDIATOR:**

MODEL(S) OF MEDIATION USED PRIMARILY:

FACILITATIVE TRANSFORMATIVE

TYPE(S) OF MEDIATION SESSION USED (NOTE ALL YOU USE, THEN FOR EACH CATEGORY, LIST YOUR LEVEL OF EXPERIENCE: LOW, MEDIUM, HIGH):

EXPERIENCE	
HIGH	IN-PERSON ONLY
MEDIUM	IN-PERSON WITH SOME PARTICIPATION BY CONFERENCE CALL
NONE	MEDIATION BY CONFERENCE CALL
NONE	ONLINE DISPUTE RESOLUTION (MEDIATION WITH VIDEO COMPONENT)