

# ELDERCARE MEDIATOR QUESTIONNAIRE

## A. BASIC INFORMATION:

**LOCATION(S):**

**"I WILL MEDIATE IN THE FOLLOWING LOCATION(S)":  
LIST AT LEAST ONE STATE, AND UP TO 2 ADDITIONAL STATES OR  
METROPOLITAN AREAS OUTSIDE OF THE FIRST STATE LISTED.**

San Diego and Orange Counties in California, State of Maryland.

**YOUR NAME:** Valerie Siegel

**BUSINESS NAME:** Golden Age Counseling Service

**ADDRESS:** 4020 Porte La Paz

Unit 102

San Diego, CA 92122

**PHONES:** 858-775-4515

**CELL:**

**EMAIL:** [info@goldenagecs.com](mailto:info@goldenagecs.com)

**WEBSITE:** [www.goldenagecs.com](http://www.goldenagecs.com)

**LANGUAGES SPOKEN FLUENTLY:**

English

**FEES PER HOUR & OTHER FEES (EG. TRAVEL):**

\$60/hr + \$20/hr travel in California

\$60/hr and actual travel expenses to and in MD

**DO YOU HAVE MEDIATOR MALPRACTICE INSURANCE?** No

## B. BACKGROUND:

**OVERVIEW OF BACKGROUND**

**(PRIMARY PROFESSION, ETC. MAXIMUM 50 WORDS):**

Valerie Siegel is an elder law attorney and interfaith pastoral counselor. She has mediated probate and elder care disputes in Maryland and in California. Valerie has served as a hospice chaplain and currently counsels older adults and their caregivers in their San Diego County homes. She is a member of the National Academy of Elder Law Attorneys and she volunteers at the Gary and Mary West Senior Wellness Center in San Diego. Valerie can be contacted at [www.goldenagecs.com](http://www.goldenagecs.com) or at [www.coachseagull.com](http://www.coachseagull.com)

**GENERAL MEDIATION EXPERIENCE (MAX 30 WORDS):**

Anne Arundel County Maryland District Courts. Prince George's County Maryland Circuit Courts. Private probate and elder care mediations in Queen Anne's County, Maryland and in Orange County California

**NUMBER OF MEDIATED DISPUTES (ANY KIND--MINIMUM 5 TO BE LISTED):**

26+

**NUMBER OF MEDIATED DISPUTES INVOLVING HIGH-CONFLICT FAMILY MEDIATION:**

5+

**ELDERCARE MEDIATION EXPERIENCE: NUMBER OF EM DISPUTES MEDIATED:**

Less than 5

**NUMBER OF YEARS YOU HAVE MEDIATED: 6 yrs**

**GERIATRIC EXPERIENCE (MAX 30 WORDS):**

Health care surrogate for several elder law clients. All but one of my hospice patients and all of my current counseling clients are over the age of 60.

**OTHER**

**(EG. PERSONAL EXPERIENCE WITH FAMILY DECISIONMAKING REGARDING PARENTS, ETC. MAX 30 WORDS):**

Primary caregiver during the final illnesses of my own parents five years apart. Custodial care choices for dementia patient. Patient's choice to forego life-saving medical treatment

**C.**

**EDUCATION, ASSOCIATIONS, AND LICENSES/MEDIATOR REGISTRIES:**

**EDUCATIONAL DEGREE(S), MAJOR(S), & INSTITUTION(S):**

University of Maryland, B.A.1981; University of Baltimore, J.D.1984; University of San Diego, M.A.2009; Christopher Howard Companies, Los Angeles, 255 hours Coaching and related skills, 2004-2005.

**PROFESSIONAL ASSOCIATIONS: MEDIATION (IF ASSOCIATION FOR CONFLICT RESOLUTION (ACR), INCLUDE WHETHER PRACTITIONER MEMBER), GERIATRIC, THERAPIST, LEGAL, ETC. (MAX 30 WORDS):**

National Academy of Elder Law Attorneys. American Association of Pastoral Counselors.

**MEDIATOR REGISTRIES/CERTIFICATION/LICENSES (NOTE IF YOU RECEIVED ANY DISCIPLINARY ACTIONS) (MAX 30 WORDS)**

**D.**

**TYPES OF ELDERCARE MEDIATION DISPUTES THAT YOU WILL MEDIATE:**

<b>CHECK ALL THAT APPLY &amp; CHECK TYPES OF EM DISPUTES THAT YOU HAVE ALREADY MEDIATED:</b>	
<b>WILL</b>	<b>HAVE</b>
Quality of Life	Quality of Life
Housing	Housing
Car Keys, Driving & Transportation (limitations on driving, testing, transportation to medical appointments, friends, social events & church)	Car Keys, Driving & Transportation (limitations on driving, testing, transportation to medical appointments, friends, social events & church)
Caregiving (division of duties, relief for caregivers, level of care needed, planning vacations for parents & caregivers)	Caregiving (division of duties, relief for caregivers, level of care needed, planning vacations for parents & caregivers)
Financial Decisions	Financial Decisions
Working through Family Fights (improving sibling relationships, learning communication skills, & working as a team)	Working through Family Fights (improving sibling relationships, learning communication skills, & working as a team)
Wills, Trusts, Estates	Wills, Trusts, Estates
Working through Family Fights	
Powers of Attorney, Avoiding Guardianship	Powers of Attorney, Avoiding Guardianship
Health Care Decisions	
Emergency Decisions	Emergency Decisions
Planning Ahead for End of Life Decisions (funeral planning & Advanced Directives (Living Wills/Life Prolongation, organ donation preference, appointment of health care representatives)	Planning Ahead for End of Life Decisions (funeral planning & Advanced Directives (Living Wills/Life Prolongation, organ donation
Resident Injury; level of care; Wrongful Death	
<b>Other (List):</b>	

**E.  
MEDIATION TRAINING:**

**TRAINING IN BASIC MEDIATION  
(MINIMUM 40 HOURS OF GENERAL MEDIATION TRAINING):  
NOTE TYPE (FAMILY, CIVIL, COMMUNITY MEDIATION OR OTHER, TITLE(S),  
TOTAL NUMBER OF HOURS, TRAINERS)**

Mediation Matters, Bethesda, MD 40hours basic mediation, 40 hours divorce mediation, and 40 hours child access mediation. Carl Schneider, PhD and Sharon Pickett, M.A. Maryland Institute for Continuing Education in the Law (MICPEL) eight hours advanced training in probate mediation.

**TRAINING RECEIVED IN ELDERCARE MEDIATION:  
NOTE TITLES, TOTAL NUMBER OF HOURS & TRAINERS (MAX 30 WORDS):**

**TRAINING IN DOMESTIC VIOLENCE: NOTE TITLE(S), TOTAL NUMBER OF HOURS & TRAINERS (MAX 30 WORDS):**

**SUMMARY OF OTHER ADVANCED MEDIATION TRAINING:  
NOTE TITLE(S), TOTAL NUMBER OF HOURS & TRAINERS (MAX 30 WORDS):**

**WERE YOU A TRAINER FOR ANY NOTED ABOVE?  
IF SO, LIST HOURS:**

**F.  
MODELS AND PROCEDURES USED AS A MEDIATOR:**

**MODEL(S) OF MEDIATION USED PRIMARILY:**

FACILITATIVE

**TYPE(S) OF MEDIATION SESSION USED (NOTE ALL YOU USE, THEN FOR EACH CATEGORY, LIST YOUR LEVEL OF EXPERIENCE: LOW, MEDIUM, HIGH):**

<b>EXPERIENCE</b>	
HIGH	IN-PERSON ONLY
LOW	IN-PERSON WITH SOME PARTICIPATION BY CONFERENCE CALL
LOW	MEDIATION BY CONFERENCE CALL
NONE	ONLINE DISPUTE RESOLUTION (MEDIATION WITH VIDEO COMPONENT)