

# ELDERCARE MEDIATOR QUESTIONNAIRE

## A. BASIC INFORMATION:

**LOCATION(S):**

**"I WILL MEDIATE IN THE FOLLOWING LOCATION(S)":**

**LIST AT LEAST ONE STATE, THE STATE WHERE YOUR OFFICE IS LOCATED, AND ANY ADDITIONAL STATES OR METROPOLITAN AREAS OUTSIDE OF THE FIRST STATE LISTED. NOTE YOUR TRAVEL COSTS.**

New England, New York, New Jersey

**YOUR NAME:** Arline Kardasis

**BUSINESS NAME:** Elder Decisions

**ADDRESS:** 30 Walpole Street  
Norwood, MA 02062

**PHONES:** 617-621-7009 office  
781-258-1101 direct line

**EMAIL:** [arline@ElderDecisions.com](mailto:arline@ElderDecisions.com)

**WEBSITE:** [www.ElderDecisions.com](http://www.ElderDecisions.com)

**LANGUAGES SPOKEN FLUENTLY:** English

**FEES PER HOUR & OTHER FEES (EG. TRAVEL):**

\$200.00 - \$350 hour

Travel within over one hour billed at 50%

**DO YOU HAVE MEDIATOR MALPRACTICE INSURANCE?**

Yes

## B. BACKGROUND:

**OVERVIEW OF BACKGROUND  
(PRIMARY PROFESSION, ETC.):**

My professional background includes educational administration at the university level and twenty years as a business owner and director.

In addition to my work as a family mediator, I train experienced mediators from around the US and beyond in the field of elder mediation and I design and deliver CEU training programs in conflict resolution skills to eldercare professionals, including geriatric care managers, nurses and social workers.

**GENERAL MEDIATION EXPERIENCE:**

As a family mediator, I specialize in elder and divorce mediation. I am a co-founder and partner at Agreement Resources, LLC and Elder Decisions. Both of these firms have been approved to receive referrals from the Massachusetts Probate and Family

Court Department.

**NUMBER OF MEDIATED DISPUTES (ANY KIND--MINIMUM 5 TO BE LISTED):**

100-300

**NUMBER OF MEDIATED DISPUTES INVOLVING HIGH-CONFLICT FAMILY MEDIATION:**

51-100

**ELDERCARE MEDIATION EXPERIENCE: NUMBER OF EM DISPUTES MEDIATED:**

Over 25

**NUMBER OF YEARS YOU HAVE MEDIATED: 8 years**

**GERIATRIC EXPERIENCE:**

I have received advanced mediation training from the Center for Social Gerontology. I presented at the National Association of Professional Geriatric Care Managers 2007 Conference and I presented at the Professional Geriatric Care Managers of New England 2005 Convention.

I design and develop training programs for eldercare professionals, including geriatric care managers, social workers and nurses.

**OTHER:**

(EG. PERSONAL EXPERIENCE WITH FAMILY DECISIONMAKING REGARDING PARENTS, ETC.):

Our family has successfully navigated a variety of challenges around aging concerns for my parents and my in-laws.

**C.**

**EDUCATION, ASSOCIATIONS, AND LICENSES/MEDIATOR REGISTRIES:**

**EDUCATIONAL DEGREE(S), MAJOR(S), & INSTITUTION(S):**

BA, Political Science and Sociology, Boston University

MAT, Social Studies, Simmons College

Mediation and Participatory Process Semester, The Program on Negotiation at Harvard Law School.

**PROFESSIONAL ASSOCIATIONS:**

Tri-Chair of the Elder Decision-making and Conflict Resolution Section of the Association

for Conflict Resolution International (ACR)

Vice President of Board of Directors - Association for Conflict Resolution/

New England Chapter (NEACR)

Member- Massachusetts Council for Family Mediation

**MEDIATOR REGISTRIES/CERTIFICATION/LICENSES:**

I am a co-founder and partner at Agreement Resources, LLC and Elder Decisions. Both of these firms have been approved to receive referrals from the Massachusetts Probate and Family Court Department.

**CERTIFICATION AND TRAINING:**

**D.  
TYPES OF ELDERCARE MEDIATION DISPUTES THAT YOU WILL  
MEDIATE:**

**CHECK ALL THAT APPLY & CHECK TYPES OF EM DISPUTES THAT YOU  
HAVE ALREADY MEDIATED:**

<b>WILL</b>	<b>HAVE</b>
Quality of Life	Quality of Life
Housing	Housing
Car Keys, Driving & Transportation (limitations on driving, testing, transportation to medical appointments, friends, social events & church)	Car Keys, Driving & Transportation (limitations on driving, testing, transportation to medical appointments, friends, social events & church)
Caregiving (division of duties, relief for caregivers, level of care needed, planning vacations for parents & caregivers)	Caregiving (division of duties, relief for caregivers, level of care needed, planning vacations for parents & caregivers)
Financial Decisions	Financial Decisions
Working through Family Fights (improving sibling relationships, learning communication skills, & working as a team)	Working through Family Fights (improving sibling relationships, learning communication skills, & working as a team)
Geriatric Assessment	Geriatric Assessment
Wills, Trusts & Estates (planning, distribution of assets, & resolution of family disputes)	Wills, Trusts & Estates (planning, distribution of assets, & resolution of family disputes)
Division or Sale of Farms, Businesses & Property	Division or Sale of Farms, Businesses & Property
Powers of Attorney & Avoiding Guardianship	Powers of Attorney & Avoiding Guardianship
Health Care Decisions	Health Care Decisions
Emergency Decisions	Emergency Decisions
Planning Ahead for End of Life Decisions (funeral planning & Advanced Directives)	Planning Ahead for End of Life Decisions (funeral planning & Advanced Directives)

(Living Wills/Life Prolongation, organ donation preference, appointment of health care representatives)	(Living Wills/Life Prolongation, organ donation preference, appointment of health care representatives)
Resident Injury; level of care; Wrongful Death	Resident Injury; level of care; Wrongful Death
<b>Other (List):</b>	

**E.  
MEDIATION TRAINING:**

**TRAINING IN BASIC MEDIATION  
(MINIMUM 40 HOURS OF GENERAL MEDIATION TRAINING):  
NOTE TYPE (FAMILY, CIVIL, COMMUNITY MEDIATION OR OTHER,  
TITLE(S), TOTAL NUMBER OF HOURS, TRAINERS)**

Mediation and Participatory Process Semester, The Program on Negotiation at Harvard  
Law School (39 hours)  
Basic Mediation Training- (30) - Community Dispute Settlement Center  
Divorce Mediation (24)- Community Dispute Settlement Center  
Business Mediation (21)- Boston Law Collaborative  
Summary Process (8)- Mediation Works Incorporated  
Train the Trainer- (30) Mediation Works Incorporated

**TRAINING RECEIVED IN ELDERCARE MEDIATION:  
NOTE TITLES, TOTAL NUMBER OF HOURS & TRAINERS (MAX 30 WORDS):**

Adult Guardianship Mediation -The Center for Social Gerontology - 16 hours  
Eldercare and Adult Guardianship Mediation- Community Dispute Settlement Center - 16 hours

**TRAINING IN DOMESTIC VIOLENCE: NOTE TITLE(S), TOTAL NUMBER OF HOURS & TRAINERS (MAX 30 WORDS):**

Domestic Violence in Mediation (6)- The Mediation and Training Collaborative

**SUMMARY OF OTHER ADVANCED MEDIATION TRAINING:  
NOTE TITLE(S), TOTAL NUMBER OF HOURS & TRAINERS (MAX 30 WORDS):**

Advanced Divorce Mediation - 25 hours - CDSC  
Advanced Housing and Eviction Mediation- 8 hours- Mediation Works, Inc  
Train the Trainer Institute- 24 hours- Mediation Works, Inc  
Family Mediation Institute-Mass Council on Family Mediation 13.5 hours  
Association of Family and Conciliation Courts- Conference Attendance- 13.75 hours

Many other conferences, workshops and master classes

**WERE YOU A TRAINER FOR ANY NOTED ABOVE? Yes  
IF SO, LIST HOURS:**

Lead Trainer: Elder Decisions Advanced Elder Mediation Training (since 2007: 60+ hours per year)  
Ongoing --Over 100 hours- as Role Play Coach for Basic and Divorce Mediation Trainings (including Suffolk Law School, Boston College Law School and Mediation Works, Inc.)

**F.  
MODELS AND PROCEDURES USED AS A MEDIATOR:**

**MODEL(S) OF MEDIATION USED PRIMARILY:**  
FACILITATIVE

**TYPE(S) OF MEDIATION SESSION USED (NOTE ALL YOU USE, THEN FOR EACH CATEGORY, LIST YOUR LEVEL OF EXPERIENCE: LOW, MEDIUM, HIGH):**

<b>EXPERIENCE</b>	
<b>HIGH</b>	<b>IN-PERSON ONLY</b>
<b>MEDIUM</b>	<b>WITH SOME PARTICIPATION BY CONFERENCE CALL</b>
<b>NONE</b>	<b>MEDIATION BY CONFERENCE CALL</b>
<b>NONE</b>	<b>ONLINE DISPUTE RESOLUTION (MEDIATION WITH VIDEO COMPONENT)</b>